



You'll see 30 paired statements below. For each pair, circle the letter beside the statement that best captures what matters most to you, most of the time. Neither may fit perfectly—just pick the closer one.

Allow 10–15 minutes, take it somewhere relaxed, and don't rush.

1. It's more meaningful to me when...

- A** — Asks me what I think
- E** — Puts his/her arm around my shoulder

2. It's more meaningful to me when...

- B** — Goes to my ball games, recitals, etc.
- D** — Does my laundry

3. It's more meaningful to me when...

- C** — Buys me clothes
- B** — Watches TV or movies with me

4. It's more meaningful to me when...

- D** — Helps me with school projects
- E** — Hugs me

5. It's more meaningful to me when...

- E** — Kisses me on the cheek
- C** — Gives me money for things I need

6. It's more meaningful to me when...

- B** — Takes time off of work to do stuff with me
- E** — Rubs my shoulders or back

7. It's more meaningful to me when...

- C** — Gives me cool things for my birthday
- A** — Reassures me when I fail or mess up

8. It's more meaningful to me when...

- E** — Gives me a high five
- A** — Respects my opinions

9. It's more meaningful to me when...

- B** — Goes out to eat or shops with me
- C** — Lets me use his/her stuff

10. It's more meaningful to me when...

- A** — Tells me I'm the best son/daughter in the world
- D** — Drives me to places I need to go

11. It's more meaningful to me when...

- B** — Eats at least one meal with me most every day
- A** — Listens to me and helps me work through problems

12. It's more meaningful to me when...

- D** — Doesn't invade my privacy
- E** — Holds or shakes my hand

13. It's more meaningful to me when...

- A** — Leaves me encouraging notes
- C** — Knows what my favorite store is

14. It's more meaningful to me when...

- B** — Hangs out with me sometimes
- E** — Sits next to me on the couch

15. It's more meaningful to me when...

- A** — Tells me how proud he/she is of me
- D** — Cooks meals for me

16. It's more meaningful to me when...

- E** — Straightens my collar, necklace, etc.
- B** — Shows interest in stuff that I'm interested in

17. It's more meaningful to me when...

- D — Allows my friends to hang out at our house
- C — Pays for me to go on school or church trips

18. It's more meaningful to me when...

- A — Tells me I look good
- B — Listens to me without judging me

19. It's more meaningful to me when...

- E — Touches or rubs my head
- D — Sometimes lets me pick out where we go on family trips

20. It's more meaningful to me when...

- D — Takes me to the doctor, dentist, etc.
- C — Trusts me to be at home alone

21. It's more meaningful to me when...

- B — Takes me on trips with him/her
- D — Takes me and my friends to movies, ball games, etc.

22. It's more meaningful to me when...

- C — Gives me stuff that I really like
- A — Notices when I do something good

23. It's more meaningful to me when...

- C — Gives me extra spending money
- D — Asks me if I need help

24. It's more meaningful to me when...

- B — Doesn't interrupt me when I'm talking
- C — Likes the gifts I buy for him/her

25. It's more meaningful to me when...

- D — Lets me sleep in late sometimes
- B — Seems to really enjoy spending time with me

26. It's more meaningful to me when...

- E — Pats me on the back
- C — Buys me stuff and surprises me with it

27. It's more meaningful to me when...

- A — Tells me he/she believes in me
- B — Can ride in the car with me without lecturing me

28. It's more meaningful to me when...

- C — Picks up stuff that I need from various stores
- E — Sometimes holds or touches my face

29. It's more meaningful to me when...

- D — Gives me some space when I'm feeling upset or angry
- A — Tells me that I'm talented or special

30. It's more meaningful to me when...

- E — Hugs or kisses me at least once every day
- A — Says he/she is thankful that I'm his/her child

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RESULTS:

Go back and count the number of times you circled each individual letter and write that number in the appropriate blank below.

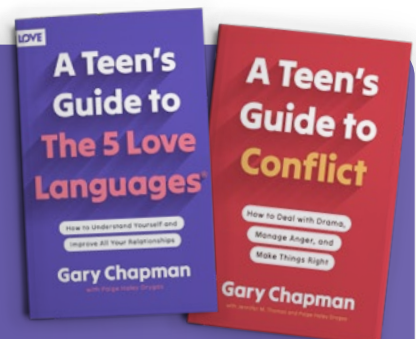
A:	WORDS OF AFFIRMATION
B:	QUALITY TIME
C:	RECEIVING GIFTS
D:	ACTS OF SERVICE
E:	PHYSICAL TOUCH

The letter that receives the most points is your primary love language.

If you score the same score for two love languages, then you are bilingual. If you score high on one love language and have a close second, that second highest score is your secondary love language!

Would you like an email copy of your results?

Take the free quiz online at 5lovelanguages.com and get your personal results emailed directly to your inbox.



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